

Imago Aotearoa New Zealand Inc

In-person Conference

Sat/Sun 23/24 March 2024

Northcote Birkenhead Yacht Club—AUCKLAND

theme

Maintaining Connection Through Challenging Times

Keynote Speakers



MAYA KOLLMAN

**PhD, MA in Clinical Psychology, Senior Clinical Instructor
(Imago International Training Institute, USA)**

Imago and the Human Nervous System: How To Use Resources to Calm Ourselves and Our Couples in Moments of Reactivity

Maya will delve deeply into the connection between Imago Theory and Therapy, Polyvagal Theory, the wisdom of Daniel Siegel and the transformative practices of Yoga and Mindfulness. One of the most significant challenges in the human experience is navigating our nervous system when faced with fear.

This presentation will reference the latest research on the intricacies of the nervous system. It will be interactive and experiential including movement exercises, lectures, videos and demonstrations. You will emerge with powerful tools to master reactivity, both for yourself and your clients and with insights regarding how to move towards peaceful living and deep connection.

About Maya

Maya Kollman is currently the most senior Clinical Instructor of the Imago International Training Institute. She was one of the first five Clinical Instructors trained by Harville Hendrix. She presented trainings in New Zealand in 2005 and 2009. Maya has charisma, great passion and a huge heart. She has an exquisite capacity to connect with her trainees and create a sense of belonging in the group.



NIC BEETS

Clinical Psychologist

What Is Sex Nowadays and How Do We Work With It

Nic will firstly explore all the changes that are happening with respect to gender, sexual orientation, relationship structures, our understanding of desire and arousal and, not least, our expectations and activities. Secondly, Nic will encourage therapists not to get too hung up on all that but to see sex as just another content area and to focus on facilitating vulnerable, intimate dialogue between partners.

About Nic

Nic Beets is a Clinical Psychologist with more than 30 years experience. For the last 15 years he has specialised in relationship work and now is one of New Zealand's leading experts in the field of relationships. Nic's recently published book, 'Make Love Work', has been highly acclaimed and has featured on New Zealand's best-selling book list for non-fiction. Nic has a reputation as a "straight talker" and someone who is able to cut to the heart of difficulties. He is an outstanding presenter and an excellent teacher.

See next page for—Additional Presenters, Programme, Fees, Venue, Registration

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Julie Orr-Wilson

Registered Psychotherapist & Certified Imago Therapist

Presentation—My Favourite Things

Stephen Mitchell states that, 'The therapist must stop aiming for some generic, uncontaminated solution and recognise only a custom-fitted solution.' When working with couples the Imago Dialogue offers us a beautiful starting point... but when things become challenging within the therapy to maintain connection we need to become creative and resourceful. In this presentation Julie will share a few of her favourite things.

Peter McMillan

Imago Clinical Instructor, Faculty Member Imago International Training Institute

Presentation—

A Love Story Part 2: Illness, Passing Over, Beyond

At the 2020 IANZ Conference Brenda Rawlings and Peter McMillan presented the story of their journey in relationship, from the difficult early years through to 'Mature Love'. Peter will continue this story, from the time of Brenda's illness, through her passing and the subsequent journey through grief. Peter says that, for four years, he was thrown into the furnace and it has grown him immensely. Nick Cave: 'Loss is our universal state as human beings. It is the common binding condition of what it is to be. Loss is an opportunity, that can go either way'

Programme

SATURDAY

09.00-09.30	Registration
09.30-10.00	Conference Start /Welcome
10.00-11.30	Maya Kollman
11.30-12.00	Morning Tea
12.00-01.30	Maya Kollman
01.30-03.00	Lunch
03.00-04.00	Julie Orr-Wilson
04.00-04.30	Afternoon Tea
04.30-06.00	Peter McMillan
07.00	Dinner—at venue—IANZ Membs

SUNDAY

09.00-09.30	Connection Exercise
09.30-11.00	Nic Beets
11.00-11.30	Morning Tea
11.30-01.00	Nic Beets
01.00-02.30	Lunch
02.30-05.00	IANZ Community Conversation: A Vision for Imago in Aotearoa NZ

Fees

IANZ Members—Free

\$250 - whole Conference

\$180 - one day only

\$100 - Saturday **or** Sunday morning

IANZ Members Partners - half above fees

The fee includes Morning & Afternoon Tea

Sat Dinner IANZ Members—costs TBA

Venue

Northcote Birkenhead Yacht Club

Birkenhead Wharf

Hinemoa Street, Birkenhead

AUCKLAND

See [Map](#)

To Register

Email — admin@imago.org.nz

www.imago.org.nz admin@imago.org.nz

