

# Imago Relationship Therapy

## Imago Fundamentals - Two Day Training 2025

*A specialist training in working with couples*

WHANGAREI

AUCKLAND

HAMILTON

TAURANGA



### Increase Your Expertise with Couples:

Relationship work can be dynamic, stimulating and highly effective using the structured processes inherent in Imago.

#### About The Two Day Training

The aim of this training is to improve your effectiveness in working with couples. Imago Relationship Therapy (IRT) is a coherent, comprehensive and dynamic theory and practice, offering an effective, research-based method for working with couples. Learn how to offer couples systematic, structured support to transform painful dynamics, create safety and connection, and increase passion, whilst guiding them toward greater understanding of their attachment and other developmental needs. There is an option, following this Two Day Training to participate in further training to become a Certified Imago Therapist.

#### How Will You Benefit?

- Be introduced to the theory and practice of Imago Relationship Therapy, including demonstration and practice of Imago Dialogue
- Understand the stages of relationship from romantic love through disconnection, frustration and conflict, to restored connection and mature love
- Learn how to incorporate understandings from neuroscience in your work with couples
- Learn how to coach attuned, connectional experiences for couples
- Learn how to hold couples safely in processes which offer them the opportunity and capacity to make sense of their negative interactional cycles.

#### PRESENTED BY Peter McMillan

**Clinical Instructor, Imago International Training Institute**

Peter is amongst New Zealand's leading relationship experts. He has been specialising in working with couples since 1996 and has presented Imago Clinical Training for Psychologists, Psychotherapists and Counsellors in both New Zealand and Australia since 2007. He has also participated in trainings in most major modalities and brings this experience into this dynamic two day training. Peter is known as an excellent teacher, dynamic and passionate, with a keen intellect and a warm, compassionate manner.

#### WHANGAREI

04/05 July Fri/Sat

#### AUCKLAND

04/05 April Fri/Sat

07/08 July Mon/Tue

08/09 August Fri/Sat

#### HAMILTON

01/02 August Fri/Sat

#### TAURANGA

11/12 July Fri/Sat

#### TIMES

Day 1: 10am-6pm

Day 2: 09am-5pm

#### FEES

\$425 Early Bird

\$495 Standard

**TO REGISTER**

**Imago Institute for Relationships**

[www.relationships.co.nz](http://www.relationships.co.nz)

[info@relationships.co.nz](mailto:info@relationships.co.nz)